

GIVE US TODAY OUR DAILY BREAD

Matthew 6:11

Awareness

Before listening, reflect:

- What comes most naturally to you, trust or worry?
- What do you think Jesus means by “daily bread” in the Lord’s Prayer?

What do we mean when we ask God to “give us today our daily bread”? In this, the third petition of the Lord’s Prayer, Jesus teaches us valuable truths about our Creator God that can nurture our faith. Join us as we study this petition in Scripture, so that when we pray “Give us today our daily bread” we better understand what we mean and what we’re asking of God. We’ll also discuss the spiritual challenges we may encounter when we wholeheartedly ask God to “Give us today our daily bread.”

Listen: [Give Us Today Our Daily Bread](#)

Reflection

After listening, consider:

- In segment 1, hosts Darrell Delaney and Scott Hoezee discuss that the Greek words translated “daily” in the third petition of the Lord’s prayer communicate “sufficient or necessary.” Why do you think keeping the concepts of sufficiency and necessity connected to our understanding of “daily” in this petition is beneficial or valuable? How do the concepts of sufficiency and necessity influence your expectations of God when you ask him to provide for your needs?
- Would you consider yourself to be in a place of need or in a place of abundance right now in your life? Does your situation in life influence your attitude when you pray “Give us today our daily bread”? If so, how? How do you think praying “Give us today our daily bread” develops trust between Creator (God) and creation (us) when we’re experiencing a season of need? What about when we’re experiencing a season of plenty?
- In the beginning of segment 2, Scott and Darrell discuss the difference between our resources (the bread or the things that meet our needs) and God as the Source of those resources. When we pray “Give us today our daily bread,” why is it important to make a distinction between the resource and the Source (God)? What provisions in life do you find it easy to see God as the source of and give thanks for? What provisions in your life to find it more difficult to see God’s hand in?
- In segment 3, Darrell and Scott discuss Moses’ warning to the Israelites to “remember the Lord your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your ancestors, as it is today” (Deuteronomy 8:18) and they discuss how much easier it is to make the God connection when God provides for our needs through miracles like manna or water from a rock than when he provides for our needs through ordinary circumstances like the grocery store or faucet. What helps you continue to make the “God connection” in your normal, daily life?

Related Passages

- **Luke 11:3**
- **Matthew 6:31-34**
- **Exodus 16:15b-18**
- **Psalms 37:25-26**
- **Psalms 55:22**
- **Psalms 62:5-8**
- **James 1:16-18**
- **Acts 17:23-25**
- **Matthew 7:7-11**
- **Deuteronomy 8:10-18**

Conclusion

Throughout the episode, Scott and Darrell identified that as Jesus teaches us to pray “Give us today our daily bread,” he reminds us of biblical history and stories that remind us God is the Source of everything. Jesus is centering us on the Father who sustains our lives every single moment and wants to cultivate in us trust and daily dependence on God. Write down 1 or 2 things you struggle to trust God with or that you struggle to thank God for. Take a few minutes to pray about these things. Over the next couple of weeks, return to your list and either practice surrendering these things to God or praying prayers of gratitude for his provision.

<https://groundworkonline.com/episodes/give-us-today-our-daily-bread>

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