

## **GOD'S PERFECT PEACE**

Isaiah 26:3-4

Jeremiah 6:13-14

Numbers 6:22-26

### **Awareness**

Before listening, reflect:

- What do you think it means to have peace? What makes you feel at peace?
- How do you cope when you don't feel at peace?

There are many things in this world that can rob us of our peace. Some sources are internal, like anxiety, worry, or depression. Other sources are external, like job instability, divorce, war, and many other situations that cause uncertainty or stress. Whether you're experiencing a season of unrest or a time of relative calm, it always helps to know the source of our strength and peace. Join us as we study God's promises regarding his perfect peace both to better understand it and to discover how we can experience this peace in all seasons of our lives.

**Listen:** [\*God's Perfect Peace\*](#)

### **Reflection**

After listening, consider:

- Based on hosts Scott Hoezee and Darrell Delaney's conversation in segment 1, how would you define "perfect peace"? What is the relationship between trust and peace?
- In your own words, why is lament particularly helpful when you don't yet feel peace but desire to experience God's perfect peace?
- At the end of segment 2, Darrell says, "It is a process that God is walking us through that he can show us peace when it is uncertain, but he doesn't have to remove the problem in order to show us his character of peace." In what ways does that truth give you hope?
- How can you identify the Lord's face shining on you in your current circumstances? Or how did you feel the Lord's face shining on you during a difficult season or time of change in your past?

### **Related Passages**

- **Psalm 30:5**
- **Exodus 33:7-11**
- **John 16:33**
- **Philippians 4:6-7**

## Conclusion

Reflect on Darrell's closing observation that "peace comes from the relationship and the close proximity of being in the face of God" and that this is where we draw strength from when life is uncertain or we feel discouraged. How is your relationship with God at this moment? Is it a source of strength for you?

- Reflect on your answers to the above question. Pray about your reflections. Ask the Holy Spirit to guide you in strengthening your relationship with God.
- Close by offering thanks and praise that God is a relational God and that he offers us his perfect peace whenever we need it.

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<https://groundworkonline.com/episodes/gods-perfect-peace>

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