

HUMILITY

Romans 12:3

Philippians 2:3-4

John 13:3-17

Colossians 3:1-17

Awareness

Before listening, reflect:

- How do you define pride? How do you define humility?
- Is it possible to be both proud and humble? Why or why not?

Jesus Christ's earthly life was the ultimate example of humility. To cultivate this virtue in our own character, we need to examine what the Bible says humility is and what it isn't. Together, let's study the passages of Scripture that contribute to a biblical understanding of humility and discuss how we can nurture this Christlike virtue through our everyday thoughts and actions.

Listen: [*Humility*](#)

Reflection

After listening, consider:

- In segment 1, hosts Scott Hoezee and Darrell Delaney discuss Romans 12:3 and what it means to have "sober judgment." Darrell says, "Sober judgment is when you allow God's scripture to tell you who you are; and to remember that those things are the truth, not the opinions of other folks, not what you tell yourself, but what God has already spoken about us is the truth." What does God say in his Word about who you are? How does this truth affect the way you live?
- At the end of segment 1, Darrell talks about having someone in your life who can speak the truth and hold you accountable. Who in your life do you trust to hold you accountable and give you an honest view or assessment of yourself?
- Read Philippians 2:1-11. How does this passage give you a deeper understanding of what it means to be humble? What do you think this kind of Christlike humility looks like in your own life?
- At the end of segment 2, Scott and Darrell discuss John 13:3-17 and how Jesus displayed a posture of humility when he washed the feet of his disciples. What actions can you think of from your life or context that similarly display this posture of humility?

Related Passages

- **Proverbs 22:4**

- **Zephaniah 2:3**
- **Proverbs 3:34**
- **1 Corinthians 12:12-26**
- **Philippians 2:1-11**
- **Mark 10:45**
- **James 2:1-9**

Conclusion

In segment 3, Scott and Darrell discuss Colossians 3:1-17 and our call to put on Christ's humility. Spend some time in reflection and prayer as you consider the following questions:

- How can you practice humility in your thoughts and in your actions?
- Are there areas in life where humility comes easily for you?
- Where do you need the Holy Spirit's help in following Christ's example of humility?
- Where do you have opportunities to give God all the glory, honor, and praise for the good things that happen in your life?

<https://groundworkonline.com/episodes/humility>

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