

Give Us Today Our Daily Bread

In the third petition of the Lord’s Prayer, Jesus instructs us to pray “Give us today our daily bread.” Join *Groundwork* as we dig into Scripture to understand this petition better, why it’s meaningful, and what it helps us remember. Together, we’ll discuss how asking God for our daily bread nurtures our faith—both in times of want and in times of plenty, and we’ll explore how this petition speaks to our worry, teaches us to trust, and encourages our gratitude.

AWARENESS Before listening reflect on what you already know or understand about topics we’ll cover in the episode.

- What comes most naturally to you, trust or worry?
- What do you think Jesus means by “daily bread” in the Lord’s Prayer?



LISTEN TO THE EPISODE: [Give Us Today Our Daily Bread](#)

READ [Matthew 6:11](#)

REFLECTION After listening, consider the following questions:

- In segment 1, hosts Darrell Delaney and Scott Hoezee discuss that the Greek words translated “daily” in the third petition of the Lord’s Prayer communicate “sufficient or necessary.” Why do you think keeping the concepts of sufficiency and necessity connected to our understanding of “daily” in this petition is beneficial or valuable? How do the concepts of sufficiency and necessity influence your expectations of God when you ask him to provide for your needs?
- How do you think praying “Give us today our daily bread” develops trust between Creator (God) and creation (us) when we’re experiencing a season of need? What about when we’re experiencing a season of plenty?
- In the beginning of segment 2, Scott and Darrell discuss the difference between our *resources* (the bread or the things that meet our needs) and God as the *Source* of those resources. When we pray “Give us today our daily bread,” why is it important to make a distinction between the *resource* and the *Source* (God)? What provisions in life do you find it easy to see God as the source of and give thanks for? What provisions in your life do you find it more difficult to see God’s hand in?
- In segment 3, Darrell and Scott discuss Moses’ warning to the Israelites to “remember the Lord your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your ancestors, as it is today” (Deuteronomy 8:18) and they discuss how much easier it is to make the God connection when God provides for our needs through miracles like manna or water from a rock than when he provides for our needs through ordinary circumstances like the grocery store or faucet. What helps you continue to make the “God connection” in your normal, daily life?

RELATED PASSAGES for further study

[Luke 11:3](#), [Matthew 6:31-34](#), [Exodus 16:15b-18](#), [Psalm 37:25-26](#), [Psalm 55:22](#), [Psalm 62:5-8](#), [James 1:16-18](#), [Acts 17:23-25](#), [Matthew 7:7-11](#), [Deuteronomy 8:10-18](#)

CONCLUSION

Write down 1 or 2 things you struggle to trust God with or that you struggle to thank God for. Take a few minutes to pray about these things. Over the next couple of weeks, return to your list and either practice surrendering these things to God or praying prayers of gratitude for his provision.

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