

# God's Perfect Peace

Do you long for peace? There's no doubt that this world lacks the peace that so many of us crave. In our personal lives, we deal with all kinds of uncertainty: maybe you're awaiting the results of medical tests, or in the midst of a chaotic divorce, or experiencing the instability of a job change or move. Maybe your personal life is good at the moment, but you still long for peace in a world torn apart by polarization and injustice. At times like this, how do we find the strength to declare "it is well with our souls," even though our circumstances may not be well at the moment? Join *Groundwork* as we study God's promises in Scripture to better understand the truth of God's perfect peace and to discover how we can experience this peace for ourselves, even when the circumstances of our lives aren't very peaceful.

**AWARENESS** Before listening reflect on what you already know or understand about topics we'll cover in the episode.

- What do you think it means to have peace? What makes you feel at peace?
- How do you cope when you don't feel at peace?



**LISTEN TO THE EPISODE:** [God's Perfect Peace](#)

**READ** [Isaiah 26:3-4](#), [Jeremiah 6:13-14](#), [Numbers 6:22-26](#)

**REFLECTION** After listening, consider the following questions:

- Based on hosts Scott Hoezee and Darrell Delaney's conversation in segment 1, how would you define "perfect peace"? What is the relationship between trust and peace?
- In your own words, why is lament particularly helpful when you don't yet feel peace but desire to experience God's perfect peace?
- At the end of segment 2, Darrell says, "It is a process that God is walking us through that he can show us peace when it is uncertain, but he doesn't have to remove the problem in order to show us his character of peace." In what ways does that truth give you hope?
- How can you identify the Lord's face shining on you in your current circumstances? Or how did you feel the Lord's face shining on you during a difficult season or time of change in your past?

**RELATED PASSAGES** for further study

[Psalm 30:5](#), [Exodus 33:7-11](#), [John 16:33](#), [Philippians 4:6-7](#)

## CONCLUSION

Reflect on Darrell's closing observation that "peace comes from the relationship and the close proximity of being in the face of God" and that this is where we draw strength from when life is uncertain or we feel discouraged. How is your relationship with God at this moment? Is it a source of strength for you?

- Reflect on your answers to the above question. Pray about your reflections. Ask the Holy Spirit to guide you in strengthening your relationship with God.
- Close by offering thanks and praise that God is a relational God and that he offers us his perfect peace whenever we need it.

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<https://groundworkonline.com/episodes/gods-perfect-peace>

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