

Grow as a Disciple of Jesus Christ

We should expect to grow and mature as disciples of Jesus Christ. What does that growth look like? What is this “solid food” the Apostle Paul talks about for mature followers of Jesus? How can we be sure that we are maturing? Thankfully, we don’t need to figure it all out on our own. God gives us his Holy Spirit to guide, teach, and supply us with everything we need for spiritual growth. Find out how to live as a maturing disciple of Jesus and discover the signs of dynamic discipleship already apparent in your own life.

AWARENESS Before listening reflect on what you already know or understand about topics we’ll cover in the episode.

- What does it mean to you to grow as a disciple of Jesus Christ?
- How would you identify someone with mature faith? What characteristics or qualities might mature disciples of Jesus possess?



LISTEN TO THE EPISODE: [Grow as a Disciple of Jesus Christ](#)

READ [Ephesians 4:7-15](#), [Colossians 2:6-22](#), [Hebrews 6:1-12](#)

REFLECTION After listening, consider the following questions:

- In segment 1, hosts Scott Hoezee and Darrell Delaney discussed the connection between Jesus’ ascension and the gifts we receive to help us grow in our faith and discipleship. What gifts can you identify in your life that have helped you mature and grow and serve God’s church and kingdom? Are there gifts you still pray to receive that you think will aid your growth as a disciple of Christ?
- What does it look like to be receptive to the gifts Jesus sends? Where do you see the Holy Spirit popping up around you?
- In segment 2, Scott and Darrell discussed how growth in discipleship means becoming more Christ-like and growing in knowledge and discernment. However, they also highlighted that instead of becoming more independent through this growth, maturing in discipleship actually means becoming more dependent on Jesus and God’s grace. How does this make you feel, relieved or uncomfortable, and why?
- In segment 3, Scott and Darrell talked about the meat of discipleship. They describe it as “a balancing act that mature disciples need to do” between the good works of discipleship and not becoming so focused on these works that it distracts us from the gospel of salvation. To quote Scott, “Keep root and fruit separate.” Why do you think it’s easy for us to get distracted and mix up fruit and root? When do you find it the most challenging for yourself? Do you know anyone who keeps the balance well?

RELATED PASSAGES for further study

[John 16:7-15](#), [Romans 3:21-28](#), [Galatians 2:16](#), [Ephesians 2:8-10](#), [James 2:14-26](#), [Romans 6:1-14](#), [1 John 4:19-21](#)

CONCLUSION

Reflect on your discipleship journey so far.

- Is there fruit in your life?
- Do you struggle with comparing? Why or why not?
- In discipleship, as Scott said, “do not become something different, be who you now are in Christ.” How does it shape your perspective knowing that you behave like a disciple because you *are* a disciple *already*, in Christ?

As you reflect, share your feelings about your discipleship journey with God as you talk to him in prayer.

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