

# Humility

We talk about humility in the church a lot, but what exactly does it look like? Is it possible to be proud of yourself and be humble? The Christlike virtue of humility is a root virtue from which many of the other virtues flow. Join *Groundwork* as we explore Scripture to discover the biblical understanding of humility, to identify what humility is not, and to witness and learn from how Christ demonstrated humility here on earth. Together, we'll also discuss how we can live out Christlike humility in our everyday thoughts and actions today.

**AWARENESS** Before listening reflect on what you already know or understand about topics we'll cover in the episode.

- How do you define pride? How do you define humility?
- Is it possible to be both proud and humble? Why or why not?



**LISTEN TO THE EPISODE:** [Humility](#)

**READ** [Romans 12:3](#), [Philippians 2:3-4](#), [John 13:3-17](#), [Colossians 3:1-17](#)

**REFLECTION** After listening, consider the following questions:

- In segment 1, hosts Scott Hoezee and Darrell Delaney discuss Romans 12:3 and what it means to have “sober judgment.” Darrell says, “Sober judgment is when you allow God’s scripture to tell you who you are; and to remember that those things are the truth, not the opinions of other folks, not what you tell yourself, but what God has already spoken about us is the truth.” What does God say in his Word about who you are? How does this truth affect the way you live?
- At the end of segment 1, Darrell talks about having someone in your life who can speak the truth and hold you accountable. Who in your life do you trust to hold you accountable and give you an honest view or assessment of yourself?
- Read Philippians 2:1-11. How does this passage give you a deeper understanding of what it means to be humble? What do you think this kind of Christlike humility looks like in your own life?
- At the end of segment 2, Scott and Darrell discuss John 13:3-17 and how Jesus displayed a posture of humility when he washed the feet of his disciples. What actions can you think of from your life or context that similarly display this posture of humility?

**RELATED PASSAGES** for further study

[Proverbs 22:4](#), [Zephaniah 2:3](#), [Proverbs 3:34](#), [1 Corinthians 12:12-26](#), [Philippians 2:1-11](#), [Mark 10:45](#), [James 2:1-9](#)

## CONCLUSION

In segment 3, Scott and Darrell discuss Colossians 3:1-17 and our call to put on Christ's humility. Spend some time in reflection and prayer as you consider the following questions:

- How can you practice humility in your thoughts and in your actions?
- Are there areas in life where humility comes easily for you?
- Where do you need the Holy Spirit's help in following Christ's example of humility?
- Where do you have opportunities to give God all the glory, honor, and praise for the good things that happen in your life?

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