

# Prayer and Dependence on God

Prayer and dependence on God are the heartbeat of the Gospel of Luke. As we read about Jesus' baptism, the start of his ministry, and his teaching of the Lord's Prayer, Luke shows us how Jesus modeled a robust and intentional prayer life. Learn how following Jesus draws us into deeper intimacy with the Father, why prayer is key to a resilient faith, and what it means to be people of prayer.

**AWARENESS** Before listening reflect on what you already know or understand about topics we'll cover in the episode.

- What are we doing when we pray?
- Do you find it easy or hard to be dependent on God? Why?



**LISTEN TO THE EPISODE:** [Prayer and Dependence on God](#)

**READ** [Luke 3:21-22](#), [Luke 5:16](#), [Luke 6:12-13](#), [Luke 9:18-36](#), [Luke 11:1-13](#), [Luke 22:39-46](#), [Luke 18:1](#), [Luke 10:21](#)

**REFLECTION** After listening, consider the following questions:

- It's true that all of the disciples were Jewish and would have learned to pray as children, and yet, they asked Jesus to teach them to pray. Does the disciples' experience resonate with you? Perhaps you still have questions or feel like you don't know how to pray? What, if anything, has helped you become more confident in your ability to pray?
- In segment 2, host Darrell Delaney pointed out that "prayer is never disconnected from community (vertical relationship with God and the horizontal relationship with one another)." Do you think this reflects how Christians typically view prayer? Why or why not?
- Darrell and host Scott Hoezee studied the parables in Luke 11 and Luke 18 and identified the following ways Jesus taught his disciples, and now us, to pray: be persistent, be bold, be tenacious. Darrell called this "shameless audacity." Does this come naturally to you? In what ways could you exercise more "shameless audacity" in your prayers?
- Reflecting on how Jesus carved out intentional time to pray and commune with God, Darrell asked: "What would it look like for us...if we carved out intentional time with God away from all the noise and the things?" What would that look like for you?

**RELATED PASSAGES** for further study

[John 17](#), [Matthew 6:5-15](#), [Mark 11:24-26](#)

## CONCLUSION

Closing the episode, Scott and Darrell identified five lessons from Jesus' teachings and prayer life that can help us cultivate a healthy prayer life:

- Start small and be consistent
- Pray before decisions
- Include praise and gratitude
- Be honest
- Stay alert

Ask for wisdom and guidance from the Holy Spirit as you practice praying like Jesus did.

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<https://groundworkonline.com/episodes/prayer-and-dependence-on-god>

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